

POSITION DESCRIPTION

Position Title	Exercise Physiologist – Grade 1
Directorate	Operations and Clinical Care
Department	Allied Health Services
Unit	Cardiac Rehabilitation
Reports To	Senior Manager Allied Health Services
Agreement	The Victorian Stand Alone Community Health Centres Allied Health Professionals Enterprise Agreement 2017 – 2021

Position Objective

- Provide high level, quality exercise physiology care and management to the local community.
- Exercise physiologists work within the social model of health and with the broader team to address identified problems with the clients.
- Care is provided at IPC Health centres at the client's home or in community setting as required.

Key Responsibilities

- Provide direct exercise physiology service to clients, including health education, therapeutic management and health promotion.
- Provide exercise physiology programs to clients including individual assessment and group based education and management to support people to maintain and achieve optimal functioning in their community setting.
- Develop, implement and evaluate Rehabilitation programs in accordance with organisational priorities and expectations.
- Participate in student supervision as required.
- Work at all times in accordance with service philosophy, policies and procedures towards the achievement of organisational, program and service aims and objectives.
- Commitment to ongoing clinical professional development and evidence based practice.
- Maintain comprehensive (including assessment, intervention and care plans) and up to date client records and ensure their safe custody and confidentiality at all times.
- Prepare and maintain appropriate statistical data, reports and analyses for activities and services for which responsible and make recommendations as appropriate.
- Provide advice to management in respect of areas of responsibility and professional expertise as circumstances require and as requested.
- Use effective interpersonal skills to enhance collaboration both internally and externally.
- Approach conflict in a respectful, open and reflective manner and to regard it as a learning opportunity
- Willingness to work within IPC Health's recently established fee for service model including

obtaining Medicare provider number. This may also include working with NDIS and Home Care Package clients.

- Attend and actively participate in campus, program and discipline meetings and activities.
- Identify, develop, implement, and evaluate quality improvement initiatives.
- Participate in the development of policies and procedures for areas for which responsible and participate in the development of organisational policies and procedures as required.
- Participate in occupational health and safety training and risk management activities as relevant to the role and as required.
- Participate in and coordinate as delegated, professional development and training activities.

Key Selection Criteria

- Degree in Exercise Physiology, accreditation with Exercise and Sports Science Australia (ESSA)
- Minimum two years experience in a similar role including demonstrated experience in provision of rehabilitation services, preferably in a community based setting.
- Capacity to work as part of a multidisciplinary team in the delivery of services to the community.
- Excellent communication, negotiation, organisational and time management skills.
- Demonstrated experience in planning, implementing and evaluating group programs.
- Self reliance and ability to work independently within the policies and protocols of the agency.
- Ability to liaise across the full spectrum of health and welfare services.
- An understanding and commitment to the principles of community health.
- High level of technical skills in Microsoft Office suite and client management systems.
- Current Victorian Drivers Licence

Other Information

- This role is subject to a satisfactory National Police History check.

Occupational Health and Safety

- Ensure that IPC Health's Occupational Health and Safety Policy and Procedures are continually observed and complied with.
- All employees have a duty to take reasonable care for the health and safety of themselves and others affected by their actions at work, and to comply with IPC Health's OHS Frameworks.
- Regularly inspect own immediate work environment and report any incidents, hazards or

near misses that can cause harm or that represent a threat to public safety to the relevant Manager or Supervisor.

- Actively participate in hazard elimination where practical.

Our Values



IPC Health is proud to be an Equal Employment Opportunity (EEO) employer. We are committed to the safety of both our clients and staff and engaging in a diverse workforce. IPC Health encourages individuals of diverse backgrounds, including but not limited to, those from the Aboriginal and Torres Strait Islander, Culturally and Linguistically Diverse and the LGBTI community to join our workforce.

IPC Health is committed to the safety and wellbeing of all children and young people accessing our services and the welfare of the children in our care will always be given a high priority. IPC Health is committed to providing a safe environment where all children and young people feel safe and valued.

Physical Inherent Requirements

Office Duties:

- Sitting at a workstation using a computer or sitting for up to two hours at a time with breaks.
- General office based work such as handling files, various paperwork, attending to phone calls and stakeholder enquiries.

Driving:

- Required to drive private or IPC Health owned vehicles.

Work Environment:

- May be required to work from different sites, including home visiting and offsite facilities.
- Capacity to work from home

Carrying and Lifting:

- Infrequent lifting and carrying of items up to 5kgs.

- Standing and Walking: • Standing and walking for periods up to an hour at a time with breaks.
- Bending and Reaching: • Required to occasionally bend and reach.

People and Culture Use Only

Position Number(s) 10166

Last Reviewed 1 November 2020